



## ***Bushcraft Education, Guide Training and Earth Skills Immersion Programs Since 1999***

---

### **Canoe Trip Gear List**

Below is a list of recommended gear for a 5-8 day trip. Be aware that most people bring too much gear and try to pack as light as possible.

- Broken in footwear. Must be good for walking.
- Sandals or water shoes (can be old sneakers, but these dry slowly)
- Knee-high waterproof (rubber) boots - for spring, fall, and Canadian trips
- Seasonally appropriate sleeping bag and sleeping pad (closed-cell foam pad or Thermarest)
- Long Sleeve Shirt
- Long Pants: 1 pair
- Bathing Suit, underwear, t-shirt, shorts, etc.
- Towel
- Rain Gear; top and bottom (no ponchos, as it is difficult to swim in them in case of an upset)
- Hat with wide brim (for sun and rain protection)
- Work gloves
- Dry Bag - To hold your gear when canoeing\* (for options see below)
- Eyeglasses and/or contact lenses and spare, if needed
- Sun Glasses
- Personal Toiletries, washcloth, biodegradable soap, etc.
- Toilet Paper and hand sanitizer (get hand sanitizer at grocery/drug stores)
- Medications or medicines
- Head Lamp or flashlight
- Cup for Hot/Cold drinks (unbreakable, travel mug-style)
- Water Bottle
- Whistle (plastic is preferable)
- Head Net and/or Insect Repellent
- Sun Block or Suntan Lotion
- Camera and extra film or batteries
- Fishing Gear (fishing license must be brought if bringing fishing gear)

**Optional Gear** (we provide these, but if you'd like to bring your own you're welcome to)

- Tent
- Canoe paddle and/or pole
- PFD
- Canoe (must be of sufficient size to carry a week's worth of gear)

\*There are lots of options with regard to dry bags, some of which include: canvas pack with waterproof liner, commercial dry bags, army duffel-type bag with waterproof liner, pack basket with liner, rigid plastic pack or barrel, and traditional wanigan with plastic liner. If you have any questions on this, don't hesitate to call or email.