



## ***Bushcraft Education, Guide Training and Earth Skills Immersion Programs Since 1999***

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### **Gear List For 1-7 Day Courses**

#### **Winter**

Warm Winter Boots  
Sleeping bag rated to -20 degrees F  
Sleeping Pad  
Windproof/Waterproof Jacket and Pants  
Wool or Fleece Shirts - 2 (Layerable)  
Wool or Fleece Pants  
Long Underwear  
Wool Socks - 4 Pair (no cotton)  
Warm Hat  
Warm Mittens  
Leather or Work Gloves  
Parka or Warm Jacket  
Flash Light or Head Lamp  
Personal Toiletries  
Shorts/Bathing Suit and Towel (for sauna)  
Cup for Hot or Cold Drinks (unbreakable)  
Sharp Knife - Fixed Blade, Non-Folding  
Sun Glasses  
Sun Screen  
Compass  
Notebook and Pencil  
Water Bottle  
Plate, Bowl, Fork, Spoon  
Breakfasts and Lunches  
Anything else you need to be comfortable  
Tent

#### **Summer**

Broken-In Footwear  
Socks - 3 Pairs  
Sleeping Bag rated to 20 degrees F  
Sleeping Pad  
Raingear (no ponchos when canoeing)  
Long Pants  
Long Sleeve Shirt  
Shorts/Bathing Suit and Towel  
Hat  
Flashlight or Head Lamp  
Personal Toiletries  
Sharp Knife - Fixed Blade, Non-Folding  
Insect Repellent or Head Net  
Sun Screen  
Sun Glasses  
Compass  
Notebook and Pencil  
Cup for Hot or Cold Drinks (Unbreakable)  
Water Bottle  
Plate, Bowl, Fork, Spoon  
Tent  
Anything else you need to be comfortable

**Optional:** Camera, Canoe/Kayak, Fishing Gear (must have a valid license), Snowshoes (essential when we have lots of snow)

We've been using KJ Eriksson knives from Mora, Sweden for 15 years. We prefer model number 510, but there are a variety of models with a similar blade. You can order these at a good price from Ben's Backwoods, on the web at [www.bensbackwoods.com](http://www.bensbackwoods.com) or by phone at 231-388-4181.

If you have any questions don't hesitate to call, email, or write.

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[Jack Mountain Bushcraft & Guide Service](http://www.jackmtn.com)

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