

Dear Jack Mountain Earth Skills Program Student:

Welcome to the Jack Mountain Earth Skills Program program. Enclosed are an information sheet and various forms that must be followed carefully in order for you to receive Western State Colorado University credit (OLRM 397) for the Jack Mountain Earth Skills Program course in which you are enrolling. You must be accepted for a specific Jack Mountain Earth Skills Program course *before* submitting these forms to Western State Colorado University. Payment for the *course* is made directly to Jack Mountain Earth Skills Program; payment for *credit* is made to Western State Colorado University. Enrollment for credit through Western State Colorado University must be completed prior to beginning the Jack Mountain Earth Skills Program course. Attached is a list of the learning objectives which need to be addressed in your final written analysis of the course.

Transcript requests can made online at <u>www.getmytranscript.com</u> Transcripts are \$6.00 each.

- A. <u>Information Sheet:</u> This gives information about registration, tuition, grading/incompletes, evaluations, and Western State Colorado University.
- B. <u>Registration Form:</u> Return this form and correct payment to our office. Please indicate on the form the name of the course and the dates you will be attending so that we may register you in the appropriate school term.
- C. <u>Disclosure</u>, <u>Disclaimer</u>, and <u>Waiver Form</u>: Complete this form and return it with the registration and payment.
- D. <u>Instructor(s) Evaluation of your Performance:</u> Give a copy of the Instructor Evaluation Form to your Jack Mountain Earth Skills Program instructor(s) when you arrive at the course. Remind the Instructor(s) to complete the form and mail it to Western State Colorado University Extended Studies or email it at the completion of the course. If you are on a multi-environment course and/or have several different head instructors, be sure to give an evaluation form to each of them. **Note: This form must be returned by the instructor(s)**, **not the student**.
- D. <u>Student Evaluation of Course:</u> Complete the Course Evaluation at the conclusion of your Jack Mountain Earth Skills Program experience and return it with your learning objective paper .
- F. <u>Learning Objectives:</u> Within three weeks of the completion of your course, write your paper which addresses the five learning objectives and email it to Jennifer Foster, extendedstudies@western.edu

Jack Mountain Earth Skills Program Course A. Information Sheet

Credit can be received on the following bas	sis (\$125 per credit hour)
Bushcraft and Snowshoe (Winter)	5 credits (ROE: Outdoor Leadership 3 credits, ENVS: Environmental Ethics 2 credits)
Wilderness Bushcraft Semester (Fall)	12 credits (ROE: Outdoor Leadership 3 credits, ENVS: Environmental Ethics 3 credits,
	ROE: Natural Resource Interpretation 3 credits, ROE: Subsistence Skills 3 credits)
Buschraft Canoe Expedition (Spring)	6 credits (ROE: Outdoor Leadership 3 credits, ENVS: Environmental Ethics 3 credits)
Weeklong Outdoor Skills Courses	2 credits (ROE: Survival Skills)
Winter Survival Weekend	1 credit (ROE: Survival Skills)
Summer Survival Weekend	1 credit (ROE: Survival Skills)
Bushcraft Weekend	1 credit (ROE: Bushcraft Skills)
The student can select how many credits th	ey wish to receive for each Earth Skills Program within the ranges listed above. The

The student can select how many credits they wish to receive for each Earth Skills Program within the ranges listed above. The university will award credit to the student for successful completion of the objectives, a satisfactory final written analysis of the course, and full payment of tuition.

Evaluation is based on ---

- * the student's completion of the course.
- * the student's written analysis of the entire experience based on the learning objectives.
- * the student's fulfillment of the learning objectives as evaluated by the Jack Mountain Earth Skills Program instructor(s).

Grading/Incompletes ----

Students are graded on a A,B,C,D,F grade. At the discretion of the instructor of record at Western State Colorado University, a student who is unable to complete a course for reasons beyond the student's control (e.g. illness) may be assigned an "Incomplete" (IN). The student must have completed more than one-half of the coursework at an acceptable level at the time of the request for an "Incomplete." The student and the instructor of record must agree upon a plan for the completion of the work within a time period not to exceed one calendar year. If the work has not been completed and the instructor of record has not removed the incomplete grade and recorded a grade on the student's permanent record within that time period, the "IN" will revert to a grade of unsatisfactory.

If a student is sent home by Jack Mountain Earth Skills Program due to behavior or disciplinary issues, Western State Colorado University reserves the right to process a failing grade based on the student's dismissal and failure to complete the course.

Registration can be completed by ----

Completing B. Registration Form, C. Disclosure, Disclaimer and Waiver Form, and submitting tuition of \$125 per semester credit hour (payable to Western State Colorado University), which must be received by Western before you begin your Jack Mountain Earth Skills Program course. Eligible high school students may apply for credit.

Western would also like to invite you to ---

consider a baccalaureate degree through our university. Western State Colorado University is a four-year liberal arts and sciences university located in Gunnison, Colorado. Western's mission is to provide exemplary undergraduate education. Located in an alpine valley 7,735 feet above sea level, "Gunnison Country" has been called Colorado's most beautiful area. Professors in many disciplines find ways to draw upon the resources provided by the finest natural outdoor laboratory anywhere. For further information, call the Western Admission's Office at 1-800-876-5309.

Jack Mountain Earth Skills Program Course B. Registration Form

Jack Mountain Earth Skills Pro	gram School		
Course Title:			
Dates:	Number of days in cour	rse: Number of credits	desired:
Name		Social Security #	//
last Mailing address	first	middle	
City, State & Zip			
Phone numbers			
Hor	-	Work	
E-mail address		Fax number	
Ethnicity: Caucasian () Hispan	nic () American Indian () A	Date of Birth: Asian-Pacific () Black () Other Term/Year last attended We	Withheld ()
Name of University/High Scho	ol currently attending:		

Refund/Cancellation Policy: Withdrawal must be processed through Western State Colorado University Extended Studies. Nonattendance does NOT constitute withdrawal. No refunds available for AmeriCorps vouchers. Full refunds will be processed if the course is canceled. A refund, less a \$50 cancellation fee, will be processed if you notify Extended Studies 48 hours prior to the course. No refunds will be allowed after the course begins. Returned checks are assessed a \$17 service charge.

If the student is sent home by Jack Mountain Earth Skills Program due to behavior or disciplinary issues, Western State Colorado University reserves the right to process a failing grade based on the student's dismissal and failure to complete the course.

Selective Service Information: Males who are 18 years of age or older, born after 1960, and who are not permanent residents of the Trust Territory of the Pacific Islands or the Northern Mariana Islands MUST be registered with the Selective Service to comply with Colorado law and to register for credit classes. Individuals not in compliance are subject to penalty of law and to withholding of transcripts.

I wish to enroll in:	# of credits	Maximum # of credits allowed
Earth Skills Winter Program		5
Earth Skills Semester Program Fall		12
Earth Skills Semester Program Spring		12
Earth Skills Summer Program		6
Remote Summer Canoe Course		6
Weeklong Outdoor Skills Courses		2
Winter Survival Weekend	1	1
Summer Survival Weekend	1	1
Bushcraft Weekend	1	1

Amount Due: _____ (Number of credit hours x \$125)

Method of Payment (select one):	Full payment in U.S. dollars is required with registration
Cash	Check or Money Order payable to Western State Colorado University
AmeriCorps Voucher	529 Fund

____ I have submitted my AmeriCorps Voucher online to Western in the amount of \$_____. This amount covers the cost of WSCU credits and my course fee. (Any outstanding balance due to Jack Mountain is your responsibility.) SHOW PROOF OF YOUR AMERICORPS VOUCHER AT THE TIME OF REGISTRATION. SUBMIT YOUR VOUCHER ONLINE AT http://www.americorps.gov/for individuals/alumni/myamericorps.asp.

You must enroll in college credit through Western State Colorado University to use an AmeriCorps voucher. Your tuition to WSCU will be deducted first from the voucher. The balance will be used for course fees. No refunds available for AmeriCorps vouchers.

MasterCard Discover Card Visa

Name on card

Expiration Date ____/ Card# I declare that the information provided is true and complete, that I wish to enroll for credit and that the credit card information (if used) is correct and may be used to charge the card. Signature:

____ I have submitted my 529 fund to WSCU in the amount of \$_____. This amount covers the cost of WSCU credits and my course fee. You must enroll in college credit through Western State Colorado University to use 529 funds.

Jack Mountain Earth Skills Program Course C. Disclosure, Disclaimer and Waiver Form

RECR 474: Jack Mountain Earth Skills Program School Course

Jack Mo	ountain Earth Ski	lls Program Course Tit	le:		Nun	nber:	Section:
Dates: _			Number of days in cou	urse:	Number	of credits of	desired:
Name				Social Secu	rity #	/	/
	last	first	middle				

I (WE) UNDERSTAND AND AGREE that participation in this Jack Mountain Earth Skills Program course (the "Activity") with Extended Studies and Western State Colorado University is dangerous and involves risk and that I am (we are) cognizant of the risks and dangers inherent with such a course. Injuries could include, but are not limited to, sprains, contusions, fractures, paralysis and even death. I (We) also understand that I am (we are) not required to participate in this Activity, but that such participation is optional.

AS LAWFUL CONSIDERATION for being permitted by Extended Studies and Western State Colorado University of Colorado to participate in the referenced Activity, I (we) do hereby RELEASE FROM ANY LEGAL LIABILITY, AGREE NOT TO SUE, CLAIM AGAINST, ATTACH THE PROPERTY OF OR PROSECUTE, AND FURTHER AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS Extended Studies and Western State Colorado University, and all of their officers, directors, members, organizations, agents and employees of any injury or death caused by or resulting from my participation in the Activity described above, WHETHER OR NOT SUCH INJURY OR DEATH WAS CAUSED BY THEIR NEGLIGENCE OR FROM ANY OTHER CAUSE.

THIS IS A RELEASE OF LIABILITY. IF UNDER EIGHTEEN (18) YEARS OF AGE, SIGNATURE OF PARENT OR GUARDIAN IS ALSO REQUIRED.

This Agreement, made in the State of Colorado, County of Gunnison, shall in all respects be governed in accordance with the laws of the State of Colorado. Any action brought by either party to enforce any of the terms or conditions of this Agreement shall be brought only in such county. Each party consents to the jurisdiction and venue of the appropriate Court in such county.

IN WITNESS WHEREOF, I (we) have hereunto set our hand on the dates indicated the last such date governing the effective date of said Agreement.

Signature of Participant

Date

Signature of Parent (if participant is under 18 years of age)

Date

Jack Mountain Earth Skills Program Course Learning Objectives/Written Paper

Within three weeks of completing the course, you must e mail your paper to Jennifer Foster <u>extendedstudies@western.edu</u>. Your paper must contain an overview of your course and address the five objectives listed below.

To help you in this process, it is recommended that you keep a detailed journal during your course which tracks your thoughts and experiences in each of the objectives. This paper is not meant to be a meaningless administrative requirement. Rather, it should help you get the most from your field experiences. It should solidify in your mind what happened, help you analyze the pieces involved, and help you transfer or apply this information to your life. In the paper, please briefly describe the course you were enrolled in and then address each objective under its own subheading. Explain how your experiences on your Jack Mountain Earth Skills Program course affected your growth in each area. You are encouraged to support your opinions using properly documented references (APA format). This could include leadership, teaching, or environmental books and articles. Your paper should not be a copy of your journal or simply a documentation of what happened every day of your course. Rather focus on what you were learning using course experience as the backdrop. Describe what you were thinking about and the concepts you formed or accepted. Explain how you might apply this new knowledge to your current life. You can include pictures, poems, graphs, etc. to help you communicate.

Your paper must be typed and double spaced with a cover page, followed by a running heading and page number on each page of the text. Correct grammar and spelling is expected. Careless errors will distract from your presentation and will affect your grade. Use 12 point Times New Roman font and one inch margins. Please keep in mind that this paper should document a learning experience that is equivalent to the credits requested. For example, how much learning and work are required of someone in a three credit class during a full college semester? How much would be required if they were taking a full load of 12 credits for this semester? Please write your paper with that in mind. The length, usually results in approximately two pages per credit, and depth of your paper should be somewhat related to the number of credits you are requesting. Your paper will be evaluated on the following basis: 20% for proper format and clarity in your writing and 80% for content, including adequate and honest coverage assessing your fulfillment of the learning objectives.

Western State Colorado University will award credit, as well as a final grade, after you have successfully completed your Jack Mountain Earth Skills Program course based on your field instructor's evaluation, your satisfactory written analysis of the course, and after full payment of tuition has been received. Your final paper and instructor evaluations are **due within three weeks** after the completion of your Jack Mountain Earth Skills Program course. **You must email your paper to** <u>extendedstudies@western.edu</u>. **After emailing your paper, continue to check your email as a reply confirming the arrival of your paper will be sent within 72 hours. If you do not receive that confirmation, resend your paper.** If we have not received your paper four weeks after the course we will make one last attempt to contact you. Sending a late paper will result in a lower grade. If no paper is received five weeks after completion of your course, a grade of unsatisfactory, "F", will be recorded. Please contact this office if you have questions or legitimate concerns with this policy.

OBJECTIVE #1: LEADERSHIP AND TEACHING SKILLS

Jack Mountain Earth Skills Program typically gives many opportunities for students to develop their leadership and teaching skills. Describe how different leadership styles impacted you and your course. Discuss how your leadership skills improved. How did your "leader of the day" go? What did you do well, what do you need to improve on? What feedback did you receive from the group? How will you use this outside of Jack Mountain Earth Skills Program?

Teaching is also a big part of these courses. What impressed you about the teaching you observed and experience? What did you teach? What did you learn from that experience?

Jack Mountain Earth Skills Program Course Learning Objectives/Written Paper - continued

OBJECTIVE #2: TECHNICAL SKILLS

Discuss the specific skills and techniques learned on each component of the course. You were exposed to skills necessary for traveling in the backcountry, wilderness areas, on water and in areas such as climbing. Which do you feel you are competent enough to travel on your own or with a group without a hired guide?

Safety is always emphasized. Assessing risk and deciding which risk to take is different for groups and for individuals. Give an example of a risk that wasn't taken or was modified in order to keep your group safe. How will you determine which risks you will take in your life after completing this course? How has your judgment changed as a result of this experience?

OBJECTIVE #3: COMMUNICATION AND TEAM BUILDING

Good communication is essential for a successful course. Describe your groups attempt to communicate well and become a team. How did the instructors impact that process? What activities helped you learn to communicate better? Give at least three examples of times when your group communicated well and how that impacted the group. Describe at least two times communication was poor and how that affected your group.

When your group became a smoothly working team how did that feel? If you didn't reach that level, and reflecting back on your experience, how could you have changed that? What have you learned about good communication that you can now use in groups?

OBJECTIVE #4: ENVIRONMENTAL PRACTICES AND SAFETY AWARENESS

Each environment you experienced called for particular techniques in order to preserve that ecosystem. Describe what LNT practices you learned for each environment. If they were different, why? You are now at home or at least in a different environment. How will you show respect for the earth and the resources you are using in your daily life?

Students who took courses which interacted with another cultures must also write about that experience. Describe the key characteristics of that culture and how those were different than yours. Discuss how that influenced your experience and your world view. Reflect on and write about your role in the world.

Service is a component of most courses. Indicate whether you did service projects and what they were. Is service important? Why? What did your group gain by involving yourselves for the benefit of others? How will this become part of your lifestyle?

OBJECTIVE #5: SELF GROWTH AND SERVICE

You have spent a week to a semester immersing yourself in this course. Earth based education states there is inherent value in learning and understanding the skills of how to live in the natural world, because it is, and always has been, our home. Does your growth reflect that? Describe areas of growth that you experienced. What are you most pleased with yourself? For those loved ones to whom you have returned, what would they say is most wonderful about the new you? If you have not allowed them to see a new you, why not?

E. Instructor's Evaluation of Student Form

This form must be returned by the instructor(s) within 3 weeks of completion of the course. It can be mailed to the address below or the information can be emailed to extendedstudies@western.edu. If you would like this blank form emailed to you contact extendedstudies@western.edu.

Studen	t Information:				
Jack M	ountain Earth Sk	ills Program Course Title:	Number:	_ Section:	
Dates:		Nu	mber of days in course:		
Name	last	first	middle		
Instru	ctor Information	1:			
Name	last	first	middle		
Mailing	g address				
City, St	tate & Zip				
Phone	Number		E Mail		

Jack Mountain Earth Skills Program Instructor(s): Please complete the following evaluation or you may use the standard Jack Mountain Earth Skills Program evaluation form; however, whichever form you use, please include an overall grade for the student. Your evaluation will be the basis for 60% of the student's grade.

Purpose: The purpose of this evaluation is to provide the student and the faculty sponsor with accurate and constructive comments on the student's performance. Personal feedback and review with the student is expected. Please briefly comment on the student's strengths and weaknesses in each area. The numeral system is based on the following values:

1	2	3	4	5	NA
Exceptional	Very Good	Competent	Development	Did not meet	The opportunity to act
			Needed	objective	on this did not arise

303 Taylor, Western State Colorado University, Gunnison, CO 81231 970-943-2885 (phone) 970-943-7068 (fax) extendedstudies@western.edu (e-mail)

E. Instructor's Evaluation of Student Form - continued

OBJECTIVE #1: LEADERSHIP AND TEACHING SKILLS

I will improve my judgment by analyzing situations during the course, studying actions and results. I will show initiative and take responsibility for assisting others whenever possible. I will contribute to the problem solving and decision making process. I will develop effective presentation skills. I will work on organizing my thoughts, using my resources, minimizing distractions, and maximizing motivation. I set higher expectations for myself than for others, showed appreciation for the contributions of others and pursued what I believed to be right in the face of discomfort, hardship, impulses of the moment, mockery, or boredom.

INSTRUCTOR'S ASSESSMENT (Please circle): 1 2 3 4 5 NA

COMMENTS:

OBJECTIVE #2: TECHNICAL SKILLS

I will learn the techniques of safely doing either/or snow, land or water based adventure outdoor activities by following the procedures and practices of the course. By the end of the course, I will have an understanding of my abilities and limitations in respect to safely pursuing the activities practiced.

INSTRUCTOR'S ASSESSMENT (Please circle): 1 2 3 4 5 NA

COMMENTS:

E. Instructor's Evaluation of Student Form - continued

OBJECTIVE #3: COMMUNICATION AND TEAM BUILDING

I will show positive regard and respect for others on the course and actively communicate to enable team building. This will assist the group in becoming cohesive and will enable it to function as a team. I will work on self expression, listening and feedback techniques. I have learned to appreciate and utilize the strengths of people who are different from me. I am aware of the strengths and weaknesses of my own personality preferences. I do not avoid conflict but deal with it in a timely and constructive manner.

COMMENTS:

OBJECTIVE #4: ENVIRONMENTAL PRACTICES AND SAFETY AWARENESS

I will practice LNT (leave no trace) camping skills to establish good safety, environmental, and hygienic standards by following the guidelines of the course. This will include: camping, camping, cooking, and navigating. Throughout the course I will display conscientious and consistent regard for safe and environmental practices in outdoor living. I will carefully assess risks and mange them effectively.

INSTRUCTOR'S ASSESSMENT (Please circle): 1 2 3 4 5 NA

COMMENTS:

E. Instructor's Evaluation of Student Form - continued

OBJECTIVE #5: SELF GROWTH

I will keep an open mind to different philosophies and ideas and try new activities. I will endeavor to extend myself in difficult situations and will also assist others striving for success. This will be achieved by using compassion, tolerance, a sense of humility, and concern for others.

INSTRUCTOR'S ASSESSMENT (Please circle): 1 2 3 4 5 NA

COMMENTS

:

Overall, how would you assess this student?

1	2	3	4	5		
Exceptional	Very Good	Competent	Development needed	Did not meet objective		
General Comm	ents:					
Jack Mountain	Earth Skills Prog	ram Instructor's Si	gnature		Date	-
	C		-			
Jack Mountain	Earth Skills Prog	ram Instructor's Si	gnature		Date	-
Jack Mountain	Earth Skills Prog	ram Instructor's Si	gnature		Date	-
	20				CO 01001	
	30	970-	943-2885 (phone)	University, Gunnison 970-943-7068 (fax) stern.edu (e-mail)	i, CU 81231	
		CAL	enacustaanes	sternieuu (e mun)		
		Jack N	Aountain Earth Sl	kills Program Course		
			F. Student Evalua			
THIS FOR	M MUST BE MA	ILED OR EMAII	LED TO THE ADI THE CO		HIN 3 WEEKS OF CO.	MPLETION OF
Your Name						

REGISTRATION (Through Western State Colorado University Continuing Education)

C = Average

A = Very Good

B = Good

Ease of registration	А	В	С	D	F
Help and information over the phone/in person	А	В	С	D	F

D = Below Average

F = Poor

Clarity and comprehension of registration/cancellation policies	А	В	C	D	F
OVERALL QUALITY OF REGISTRATION PROCESS	А	В	С	D	F
THIS JACK MOUNTAIN EARTH SKILLS PROGRAM CLASS	S				
fulfilled my expectations/met my needs	А	В	С	D	F
was well organized	А	В	С	D	F
was safely operated	А	В	С	D	F
included enough opportunity for discussion	А	В	С	D	F
included relevant activities	А	В	С	D	F
OVERALL QUALITY OF COURSE	А	В	С	D	F
THE INSTRUCTOR(S) WAS (WERE)					
friendly and personable	А	В	С	D	F
knowledgeable about the subject	А	В	С	D	F
responsive to questions	А	В	С	D	F
OVERALL QUALITY OF INSTRUCTOR(S)	А	В	С	D	F
Would you take another course from this (these) instructor(s)?	Yes		No		

COMMENTS/SUGGESTIONS